

## BIOGRAPHICAL SKETCH

# DAVID P.L. SACHS, MD

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Dr. Sachs has provided over 100 lectures, seminars, workshops, and clinical training programs for physicians, nurses, dentists, pharmacists, pulmonary rehabilitation specialists, and respiratory therapists throughout the United States to help them effectively treat tobacco-dependence. Most recently he has organized day-long continuing education courses focused on diagnosis and optimal treatment of tobacco dependence for the American College of Chest Physicians, Loma Linda University School of Nursing, and Loma Linda University School of Medicine. He also helped organize a similar day-long program for pharmacists, provided jointly by the Loma Linda University and Western University of Health Sciences Schools of Pharmacy. In 2009 he organized a half-day tobacco-dependence treatment workshop for the Western Society of Oral Pathologists (WESTOP) and last year a half-day course for pulmonologists and nurses held at the UCSF Conference Center at Mission Bay, San Francisco, CA, entitled “*Discovery Day: Tobacco-Dependence Treatment Results – Healthier Patients/Healthier Practice*”. He has been an invited speaker and keynote speaker on optimal medical management of tobacco dependence at innumerable hospitals, medical centers, clinics, universities, academic medical centers and professional societies throughout the United States, including the recent annual meetings of both the American College of Chest Physicians (2012), the American Public Health Association (2012), and the American College of Preventive Medicine (2013).

For over 20 years he served as a regular member and special review committee member of the Clinical and Behavioral Research Review Committee of the National Institute on Drug Abuse (NIDA). Additionally, he served as a member of the 1999 and 2004 Transdisciplinary Tobacco Use Research Centers (TTURC), Special Review Committees of the National Cancer Institute (NCI) and National Institute on Drug Abuse (NIDA). He also served as Consultant to the Editorial Board on the 1988 Surgeon General’s Report, *The Health Consequences of Smoking: Nicotine Addiction*.

He has designed and conducted more than 30 tobacco-dependence clinical treatment trials, including studies funded by the NIH, NIDA, and other non-profit health organizations. He has also been involved in FDA registration trials for nearly all currently marketed tobacco-dependence medications. Uniquely, in addition to his extensive research experience, he has also personally treated more than 5,000 patients for tobacco dependence, as an integral part of his pulmonary medicine clinical practice.

He has received many honors and awards for his pioneering work in tobacco dependence and is a member of numerous professional organizations, including the American Thoracic Society, the American College of Chest Physicians, and the Society for Research on Nicotine and Tobacco. One of his overarching passions is facilitating better and more productive working relations between the medical and behavioral sciences and their practitioners and researchers and teaching the next generation of clinicians to effectively treat tobacco dependence as part of regular patient care. He is listed in *Who’s Who in California* and is a Fellow of the Society of Behavioral Medicine. In addition to his on-going work chairing the American College of Chest Physicians (ACCP) Tobacco-Dependence Tool Kit Committee, he also serves on the American Thoracic Society Tobacco Action Committee. The ACCP’s *Tobacco-Dependence Treatment Tool Kit, 3<sup>rd</sup> Ed.*, was published by the College in June 2010 and may be accessed free-of-charge at:

<http://tobaccodependence.chestnet.org>

Dr. Sachs received his MD from Stanford University in 1972 and completed an Anesthesiology and Medicine internship at University Hospitals of Cleveland in 1973. He completed a 3-year fellowship in Pulmonary and Critical Care Medicine at Stanford University in 1976, finishing his Internal Medicine residency at University Hospitals of Cleveland in 1978. He has been an active tobacco-dependence researcher and clinician for over 25 years and has published over 100 scientific articles, invited editorials, books, and abstracts.