



## About Our Philosophy Of Practice

We diagnose and treat adults with a wide range of pulmonary disorders and try to provide the most comprehensive, personalized, pulmonary medical care possible. We feel strongly about explaining things carefully and enlisting your participation in your care. Our professional nursing and office staff is here to assist in providing courteous, efficient, and thoughtful medical care. We try our best to be as punctual as possible. If, however, we are behind because of unforeseen situations or emergencies, we would ask that you be patient. Being on time for your appointment does help us greatly in keeping to our schedule.

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## Your Treatment Program – Pulmonary Disease (other than tobacco dependence)

Your office visit with Dr. Sachs typically consists of 3 parts: 1) Review of your medical records, laboratory studies, and x-rays, immediately before he comes in to the examination room to see you; 2) The time he spends directly with you taking your medical history, carrying out your physical examination, arriving at a diagnosis and treatment plan, explaining that to you, and answering all of your questions; and 3) The analysis and synthesis of your findings that Dr. Sachs arrives at and which he summarizes in a report for your medical record and your other physicians. Dr. Sachs's professional fee for that visit covers all 3 components of each visit, including his analysis. (NB: Dr. Sachs always needs to perform his own physical exam, just as he needs to take his own medical history, even if you just had a physical exam from your primary care physician or another specialist. As a pulmonary specialist, Dr. Sachs's training and experience enable him to evaluate you in a different way, so that he can better determine and understand what your problem is.) For your initial consultation as a new patient, you are booked for 1 ½ hour. The first part takes the first 10-15 minutes of the 1½-hour appointment time. The second part, during which you actually are with Dr. Sachs, takes the rest of that 1 ½ -hour – approximately 75 minutes. The third part takes him about 30 minutes. You will, however, only be in the office for the first and second parts; he generally prepares the report after you have left the examination room.

For a typical return appointment, you are booked for a 30-minute appointment. The first part (review of medical records, labs, x-rays, etc.) takes the first 5-10 minutes of the total appointment time scheduled for you. Sometimes this can take longer if you have numerous studies and results that Dr. Sachs must review and integrate. The second part, during which you are with Dr. Sachs, takes approximately 20 minutes, and the third part, during which time you are usually not with Dr. Sachs, takes him about 10 minutes more. If you think you will need more than 20 minutes of face-to-face time with Dr. Sachs, that can easily be arranged if you let the scheduler know that. Sometimes he may determine that you may need more time than 20 minutes and he will indicate that to the scheduler. If you do not wish to have that additional time, you may request a lesser time (and cost) appointment; however, that may not allow enough time to finish the interval medical history, physical exam, analysis, or communication with you. In that case, you will generally be scheduled for a further appointment on a subsequent day to enable completion of all these relevant and necessary components.

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## Biographical Sketch

DAVID P.L. SACHS, MD

Dr. David Peter Sachs is an internationally recognized pulmonologist and research scientist in the field of tobacco dependence and its treatment. For the past 25 years, he has been engaged in pioneering research funded by government agencies, pharmaceutical companies, heart and lung associations and his own non-profit research organization all seeking new and improved treatment methodologies for tobacco dependence.

After receiving his undergraduate degree from Carleton College in Minnesota, Dr. Sachs received his MD from Stanford University in 1972, completed internship and medical residency at University Hospitals of Cleveland and pulmonary medicine fellowship training at Stanford University Medical Center. From 1978, Dr. Sachs served as Medical Director, Respiratory Therapy Department and also, in 1982, became Associate Chief, Medical Intensive Care Unit, for University Hospitals of Cleveland. He joined the clinical faculty at Stanford University in 1985 and is currently Adjunct Clinical Associate Professor of Medicine, Division of Pulmonary & Critical Care Medicine. He also served as one of the developers of the innovative Stanford Faculty Development Program.

Since 1985, Dr. Sachs has also been Director of the Palo Alto Center for Pulmonary Disease Prevention in Palo Alto, California. Research at the Center has been funded primarily by the National Institute on Drug Abuse (NIDA), The American Heart Association, The American Lung Association, and certain private grants, and also pharmaceutical companies, such as Pfizer Inc, Novartis, Glaxo-Wellcome, Pharmacia, Marion Merrell Dow, Inc., and Boehringer-Ingelheim,. His results have been pivotal in gaining FDA approval for new drugs, and he regularly serves as a consultant to both government agencies and commercial companies.

In addition to publishing over 100 scientific articles and abstracts, Dr. Sachs has served as a Regular and Special Review Committee Member of NIDA and NIH Study Sections for many years, was the Theodore L. Badger Memorial Lecturer for the Massachusetts Thoracic Society, and, most recently, the Theodore K. Larson Visiting Professor of Medicine, University of California, San Francisco-Fresno Campus. He has served on the Editorial Board for the 1988 Surgeon General's Report, The Health Consequences of Smoking: Nicotine Addiction. He is a Fellow of the Society of Behavioral Medicine and is listed in Who's Who in California. He recently received the Alfred Soffer Research Award for Outstanding Original Scientific Research from the American College of Chest Physicians.

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## Hospital Affiliation

Dr. Sachs admits patients requiring hospitalization to Stanford University Hospital. He also has admitting privileges at Sequoia Hospital in Redwood City, but does not regularly admit there. Time commitments make it impossible to see patients at other hospitals. Dr. Sachs spends a portion of his time teaching at Stanford University Medical School, both to interns, residents, and Pulmonary Medicine subspecialty fellows. Dr. Sachs holds the position of Clinical Associate Professor of Medicine, Division of Pulmonary & Critical Care Medicine.

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