

## Patient Testimonials

*“After many attempts to break a smoking habit of 45 years, I will forever be grateful to Dr. Sachs for helping me finally succeed.”*

A. J.

Housewife

Tobacco-Free: 2-1/2 years

*“After smoking for 46 years, and many, many attempts to stop, I finally found the ‘system’ for me. Dr. Sachs and the staff made me feel special and important. They showed such caring for my progress. I know I couldn’t have done it without them. I haven’t smoked in well over 1 1/2 years. I’m both proud and so grateful.”*

P. G. C.

Retired Teacher

Tobacco-Free: 1-2/3 years

*“There is both bad news and good news for cigarette smokers.*

*“Everyone knows the bad news. But not everyone knows the good news which is: that if you want to give up smoking, YOU CAN DO IT, painlessly and with little or no withdrawal symptoms: the inability to concentrate and personality fluctuations.*

*“There are only two main steps in successfully giving up smoking:*

1. Learn the recent facts about the high rates of success of smoking cessation aids.
2. Locate a Physician whose specialty is smoking cessation who will closely monitor your needs for nicotine and other aides.

*“Be prepared to be surprised – it is quite painless!*

*“Dr. Sachs’s protocol made stopping easy. From the very start, I was monitored closely and given the right amount of nicotine to allow me to concentrate on my work and be sociable with friends and family. It took 30 years for me to become the addict that I was and one year to become free. I think it was a good deal.”*

V. I. M.

Computer Scientist & WEB Entrepreneur

Tobacco-Free: 13 years

Visit [www.DrLung.com](http://www.DrLung.com) for more information.

*"I was treated for tobacco dependence by Dr. Sachs and his expert staff beginning early fall 1993. After smoking for 37 years I felt I would never be able to stop because, as a 2 pack-per-day smoker, I was seriously addicted to nicotine and the cigarette habit. Dr. Sachs devised and supervised a gradual nicotine withdrawal program that allowed me to stop smoking in October of 1993. Nicotine-delivery patches and Nicorette gum in carefully controlled doses over time allowed me to withdraw completely from cigarettes and nicotine. One of the most notable benefits of Dr. Sachs's Treatment Program has been the improvement in my self-esteem, being able to say no to myself has helped me to be a better and healthier person."*

S. G. C.

Investment Manager

Tobacco-Free: 5 years

*"It is easy to quit smoking, I've done it a thousand times, but... the idea is to become a NON-SMOKER.*

*"My last (and I mean last) attempt to become a non-smoker was spurred on by my daughter who came crying to me saying, 'You're going to die, please call the doctor.' 'We knew about a 'smoking doctor' that a friend had worked with successfully. This friend had tried to stop smoking as often as I would think about it! If he had found a method that worked, I was going to try it.*

*"I haven't had a cigarette in 10 years!! Dr. Sachs's program works!! We met and discussed the program in detail. We worked together on some particular areas of concern. Dr. Sachs cares. His staff cares.*

*"I can take deep breath, hold it, let it out and not cough or feel a strain in my lungs. I'm a non-smoker!!!"*

F. M. R.

Housewife

Tobacco-Free: 10 years

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